

# Aleh Day Care Rehabilitation Nursing Center for Adults 21+

**ALEH**  **עלה**  
CREATING HOPE מצמיחים תקווה  
THE NATIONAL NETWORK FOR CHILDREN AND PEOPLE WITH DISABILITIES



# About Aleh

Aleh, the National Network for the Care and Advancement of Children and Adults with Disabilities, is a non-profit organization that provides high quality professional medical care, rehabilitation and a warm loving home for people with severe developmental disabilities and challenging medical complexities.

Aleh began its journey in 1982 as a daily framework for children with intellectual developmental disabilities, and very quickly developed into a nationwide network.

Aleh provides rehabilitation treatments as well as paramedical assistance to children and adolescents with complex disabilities, at all levels, from Autism and Down Syndrome to intellectual developmental disabilities, Cerebral Palsy, Tay-Sachs, Epilepsy and complications stemming from medical complications or accidents.

The treatments at Aleh are carried out by a professional team, using a variety of original tools and groundbreaking innovations. In addition, Aleh Network Centers include kindergartens, rehabilitative daycare centers, special education schools, clinics, rehabilitation centers, community integration programs and day centers for employment. Aleh's Network of housing facilities provides a warm and loving home for hundreds with disabilities.

With over four decades of experience, Aleh is at the forefront in Israel and around the world in the

field of treatment, rehabilitation and improving the quality of life of children and adolescents with disabilities.

The Aleh Network employs a wide range of professionals with extensive knowledge in the field of rehabilitation and paramedical services, including physiotherapists, occupational therapists, speech therapists, hydrotherapists, nutritionists, doctors, nurses, psychosocial staff, and music and art therapists.

Hundreds of staff members, from Aleh's managers to the employees and volunteers, believe that Aleh must provide an equal opportunity to everyone. Combining this belief with uncompromising professionalism, Aleh's children are bestowed endless warmth and love.

At the Aleh Network, we believe that everyone has the right to be part of the human fabric of life, according to their abilities and skills. Therefore, we see great importance in raising awareness, connecting and integrating people with disabilities throughout the entire population.

During its past four decades of extensive activity, Aleh has initiated changes in legislation as well as set up projects and institutes for the betterment of the disabled population in Israel.



# Aleh's Beit Yahalom Center

The Beit Yahalom Center in B'nei Brak is the first center of the Aleh Network, which has been operating since 1991. The center includes a comprehensive framework for babies, children and adults who need supervision and full assistance in all of their daily activities.

Aleh's Beit Yahalom Center is located in a spacious 6-storey building, which includes 3 housing departments and a complex nursing department, a special education school floor, a hydrotherapy pool and a clinic. The clinic has an extensive medical staff and provides 24/7 professional medical response according to the residents' needs, as well as a day center for adult residents aged 21 and over.

Aleh's housing facilities provide a home to about 90 babies, children and adults. The Center operates continuously throughout the year and constitutes a 'home for life' for the residents, where they stay from their absorption into Aleh's framework.

Throughout the day, a variety of leisure and employment activities are held in order to enrich the residents' lives, provide them with enriching daily experiences and promote their growth as much as possible.





# The Need

The Ministry of Education budgets rehabilitation, study and employment frameworks for children and adolescents with disabilities up to the age of 21 only. After reaching the age of 21, adults with disabilities are left without a therapeutic and occupational framework.

Due to this lack of a framework, these adults with disabilities often remain at home, without receiving appropriate treatment and attention. However, we at the Aleh Network believe that people with disabilities also deserve an equal right in society. Therefore, we have established the Aleh Day Care Rehabilitation Nursing Center for Adults 21+ for those graduates who are left without a legal framework where they can stay. At the rehabilitation-nursing center, they receive paramedical rehabilitation

treatments and a variety of adapted leisure activities.

The Aleh Day Care Rehabilitation Nursing Center for Adults 21+ currently operates at the Beit Yahalom Center, in cooperation with the Ministry of Social Affairs and Social Services, and provides a solution for graduates over the age of 21 who are no longer eligible for the school framework.

The Center operates three classrooms where 21 adults with severe intellectual developmental disabilities and medical complexities are treated, some of whom require respiratory support at various levels.

The Center operates Sunday through Thursday

from 8:00am until 6:00pm.

We at the Aleh Network believe that everyone has the right to a better quality of life while integrating into a community that respects them for their uniqueness. Continuing this spirit, all of the Aleh staff members of the Aleh Day Care Rehabilitation Nursing Center for Adults 21+, in every field, work to preserve, improve and promote the quality of life and health of their patients, while nurturing and strengthening the relationship between the families and guardians. Their "work" is done out of love, giving and caring, professionalism, responsibility and commitment.





# Aleh Day Care Rehabilitation Nursing Center for Adults 21+

Despite the need for additional classes at the Day Center, which operates at the Beit Yahalom Center, Aleh has not been able to meet this demand due to a lack of space.

The Municipality of B'nei Brak, which is well aware of the enormous need and the great lack of day centers for this population, responded to our request for help and approved a designated location for the construction of the Aleh Day Care Rehabilitation Nursing Center for Adults 21+ in an area that will spread over 1,500 square meters.

The designated area is adjacent to the Aleh Network Campus, which was recently built in northern B'nei Brak at an investment of about NIS 126,000,000. The

campus includes: a special education school and kindergartens, a cluster of rehabilitative daycare centers for preschoolers, a hydrotherapy center and a therapeutic pool, an advanced rehabilitative fitness center, adapted even for small children, a dental clinic and a C.T. Institute for people with disabilities, all alongside an advanced medical system for this population.

The construction of the Aleh Day Care Rehabilitation Nursing Center for Adults 21+ adjacent to the large campus will allow patients to enjoy a variety of services and the advanced rehabilitation treatments provided on campus.

The Aleh Day Care Rehabilitation Nursing Center for Adults 21+ will be built with rooms for 50 adults, according to the Ministry of Social Affairs and Social Services model for day centers for adults aged 21 and over. The center will include spacious and well-equipped activity rooms, including accessible toilets and bathrooms, treatment rooms and workshops, rooms for physiotherapy and other paramedical treatments, a dining room and verandas for the benefit of the patients.

In addition, a special project will be built in the new center, the first of its kind - a kitchen adapted for the disabled population, where the graduates will be able to cook for themselves.



# Project Planning

Aleh Network has connected with the firm of Primovich-Bass Architects. This architectural firm has extensive experience in planning buildings accessible to people with disabilities and works closely with the planners of the programs provided by the Ministry of Social Affairs and Social Services, the Shalem Foundation and the National Insurance Institute that provides funds for

the development of services for the disabled, as well as the various authorities, especially the B'nei Brak Municipality, which approved the allocation.

In designing the building, great emphasis was placed on solutions for making the building and interior facilities accessible in combination with modern and unique interior and exterior architecture, as well as

with landscape and environmental development.

A building permit for the building will be obtained approximately between December 2022 and January 2023, after which it will be possible to begin construction. The estimated duration of the work is approximately 18-24 months.







# Estimated Budget for the Construction of the Aleh Day Care Rehabilitation Nursing Center

Description	Unit/m2	Cost NIS per Unit	Total Cost NIS
Construction	818	10,200	8,343,600
Additional construction of open story floor	680	4,900	3,332,000
Balcony construction	155	7,200	1,116,000
Development and accessibility	1	500,00	500,000
Unexpected costs 5 %	1	664,580	664,580
Planning, Consultants and Management - 10 %	1	1,329,160	1,329,160
Rahabilitation equipment (beds,bathing beds, walking aids and patient lifts)		3,995,190	3,995,190
<b>Total (including VAT)</b>			<b>19,280,530</b>
<b>Cost in \$US</b>			<b>\$5,415,879</b>
<b>Exchange rate: \$US1=NIS3.56</b>			





# Sources of Funding

For the construction of Aleh Day Care Rehabilitation Nursing Center for Adults there is a designated budget by the Shalem Fund and the National Insurance Institute funds in the amount of up to NIS3.9 million, as part of a call for proposals that will be published to the public at the beginning of 2023.

The application will be submitted to the Shalem Fund and the National Insurance Funds as soon as the call for proposals is published and we hope to receive most of the funds for this purpose.

The estimated shortfall to complete the construction of the Aleh Day Care Rehabilitation Nursing Center for Adults 21+ is

NIS 15,380,530

One smile that is worth millions.  
At Aleh, we are so excited to

see Avrami smile. He has an intellectual developmental disability.











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